La Houppette Academy (LHA)
Further Education Institution

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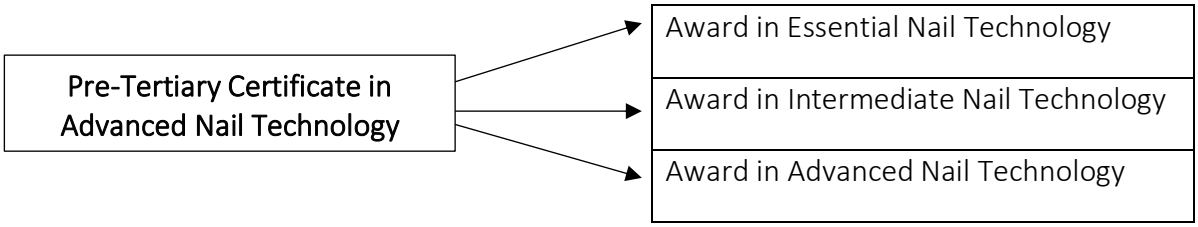
Course Programmes offered at LHA



This course provides comprehensive training and knowledge in nail care and beautification techniques. Upon successful completion, learners can pursue various opportunities in the beauty and nail care industry. Potential career paths and occupations related to this course include:

Nail Technician: Graduates can work as professional nail technicians in salons, spas, and nail studios. They perform a wide range of nail services, including manicures, pedicures, nail extensions, and nail art.

Nail Artist: Individuals with advanced skills in nail art and design can specialize as nail artists. They create intricate and creative nail designs for clients, often using various techniques and tools.

Course Requirements

The student should be able to read and write in English or Maltese. Moreover, learners should be in posession of a minimum school leaving certificate In the case that students are not in posession of a school leaving certificate, they shall be subject to an aptitude test.

Overall programme description

This programme offers comprehensive training in various specialised aspects of nail care and enhancement. With a carefully curated curriculum comprising modules such as Anatomy of the Nails, Gel or Acrylic Infills, Manicure and Pedicure Services, Health and Safety on the Nail Station, and many more, this programme provides a thorough education in the field of nail technology.

Participants will gain practical skills and theoretical knowledge essential for becoming proficient nail technicians. The programme places a strong emphasis on hygiene, client safety, and industry standards, ensuring that graduates are well-prepared to deliver professional and high-quality nail services.

With a balanced blend of hands-on training, theoretical instruction, and exposure to emerging trends in nail artistry, this program equips students with the expertise needed to excel in the dynamic and creative world of nail technology. Upon completion, graduates will receive a well-deserved certification attesting to their mastery of the various facets of advanced nail care techniques.

Prices:

Award in Essential Nail Technology	MQF (and EQF) Level 4 and 12 ECTS	Price: 2600 euro
Award in Intermediate Nail Technology	MQF (and EQF) Level 4 and 6 ECTS	Price: 1200 euro
Award in Advanced Nail Technology	MQF (and EQF) Level 4 and 12 ECTS	Price: 2600 euro
After all the above are successfully achieved a **Pre-Tertiary Certificate in Advanced Nail Technology** - MQF (and EQF) Level 4 and 30 ECTS will be awarded		

The price includes product kits and tools needed to finish the course. Some special tools such as nail drills, drill bits and similar may be required to be purchased by the student.

Deposit of 300 euro is required upon registration and the rest of the payment is to be made in monthly instalments whilst taking the course. The total payment should be made before the student can proceed for assessments and certification.

For third country nationals, who wish to enrol for this course, below is a link to identity Malta's VISA application
https://www.identitymalta.com/unit/central-visa-unit/

Mode of delivery
Fully face-to-face learning which takes place at:

La Houppette Academy
John F. Marks Street, San Gwann, MALTA

The learning hours are tabulated under each module below and another table at the very end of this document contains a summary of all the modules leading to the Pre-Tertiary Certificate.

Intakes open all year, highly dependent upon availability of educators and number of students enrolled. Lessons usually scheduled for Saturdays or evenings during the week and are conducted in full days or half days.

Mode of attendance: part-time and duration of 6-9 months depending on frequency of lessons. Each module includes 1-2 ECTS requiring 5-10 hours of teaching which can be split up in 2.5 hour sessions or 5 hour sessions as per schedule.

Contact information:
For further information or queries do not hesitate to email (lahouppetteacademy@gmail.com) or give us a call on +356 99938852

MODULE NET001 – 1 ECTS

Anatomy of the Nails

Module description

Participants will delve into the intricate details of nail anatomy, gaining a profound understanding of components such as the nail plate, nail bed, cuticle, eponychium, and hyponychium. Through detailed lectures, visual aids, and hands-on demonstrations, learners will develop the ability to accurately identify and describe various elements of nail anatomy.

Moreover, the module emphasizes the correlation between nail health and overall well-being. Participants will learn how to recognize common nail disorders and conditions, as well as the appropriate measures to maintain healthy nails. This knowledge equips learners with valuable insights into the importance of proper nail care practices for both aesthetic and health-related purposes.

By the conclusion of the module, participants will possess a robust foundation in nail anatomy, enabling them to provide informed and proficient nail care services to clients. This module serves as an essential building block for aspiring nail technicians and professionals seeking expertise in nail health and aesthetics.

TOTAL LEARNING HOURS	25
CONTACT HOURS	5
SUPERVISED PLACEMENT/PRACTICE HOURS	0
SELF STUDY HOURS	19
ASSESSMENT HOURS	1

ASSESSMENT

1. Multiple-Choice Questions (100%)

Core Reading List

1. Haneke, E. (2015). Anatomy and Physiology of the Nail. *Dematologic Clinics.* 33(2), 141-147.
2. Milady (2018). *Milady Standard Nail Technology.*
3. Schoon, D. (2017). *Nail Structure and Product Chemsitry.*
4. Tosti, A. (2002). Anatomy and Physiology of the Nail Unit. *Dermatologic Clinics,* 20(4), 617-623.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Be responsible for accurately identifying and labeling various components.
b) Carry out tasks with attention to detail in nail health and structure, ensuring meticulous care and precision in activities such as nail assessment, filing, and cuticle maintenance.
c) Guide and advise clients on nail health and maintenance practices, including nail care routines.
d) Comply with hygiene and sanitation protocols in nail anatomy, ensuring a safe learning environment and reinforcing responsible practices for infection control.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and describe key components of nail anatomy, including the nail plate, nail bed, cuticule, eponychium, and hyponychium.
b) Identify and label nail structures in diagrams and models, showcasing a comprehensive understanding of nail anatomy.
c) Recall and recite the functions of different nail components, such as the nail matrix in nail growth and the cuticle in protecting the nail bed.
d) List common nail disorders and conditions and their characteristics, causes and potential treatments.
e) Describe the relationship between nail health and overall well-being, emphasising the importance of proper nail care for maintaining overall health.
f) Recite proper nail care and maintenance practices for healthy nails, including trimming, filing, moisutrising, and protecting nails, to promote and maintain healthy nail conditions.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Practice and demonstrate their ability to conduct thorough nail assessments, accurately identifying and evaluating various components of nail anatomy, showcasing a practical application of their knowledge.
b) Apply their understanding of nail anatomy to plan and design personalised nail care routines for clients, incorporating appropriate practices for maintaning healthy and well-groomed nails.
c) Demonstrate the effective and precise use of tools and implements, such as clippers, files, and cuticle pushers, in the context of nail care, showcasing their practical skills in nail maintenance.
d) Design and assemble a functional nail care station, ensuring the organised placement and accessibility of tools and products for providing professional nail care services.
e) Prepare and administer specialised nail treatments, such as moisturising soaks or strengthening solutions, tailored to address specific nail conditions and promote overall nail health.
f) Create educational materials or presentations on nail anatomy, effectively conveying their knowledge to clients or colleagues, and promoting an understanding of nail health and care.

MODULE NET002 – 2 ECTS

Soak-Off Gel Polish

Module description

Throughout this module, participants will engage in hands-on workshops and demonstrations, gaining proficiency in the application of soak off gel polish. This includes proper nail preparation, precise application techniques, and achieving flawless finishes. Emphasis will also be placed on colour selection, French finish techniques, and trends in gel polish application.

Furthermore, the module covers the safe and effective removal of soak off gel polish, highlighting the importance of proper techniques and products to maintain nail health. Learners will acquire knowledge on troubleshooting common issues related to soak off gel polish application and removal

By the conclusion of this module, participants will have the expertise to offer professional soak off gel polish services. This module serves as a crucial foundation for aspiring nail technicians and professionals seeking expertise in gel polish application and removal techniques.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	34
ASSESSMENT HOURS	1

ASSESSMENT

Practical Assessment (Hands-On) (70%)

Portfolio or Visual Documentation (30%):

Core Reading List

1) Davis, R. (2018). Soak-Off Gel Nails: Step by Step Guide. CreateSpace Independent Publishing Platform. ISBN: 978-1724929307.
2) Newman, M. (2017). *The Complete Nail Technician.* Cengage Learning. ISBN: 978-1473722352.
3) Thompson, L. (2017). Gel Nail Handbook: Everything You Need to Know about Gel Nails. Independently published. ISBN: 978-1549739179.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure compliance with gel polish application standards and best practices in the selection and application of soak-off gel polish, ensuring precise and professional results.
b) Collaborate with clients to design customized gel polish looks with the proper selection of gel polish colors and styles, that best align with their preferences and style.
c) Manage the application and removal of soak-off gel polish, ensuring the process is executed in a safe and effective manner.
d) Advice clients on proper aftercare plans for gel-polished nails, ensuring their longevity and maintaining client satisfaction.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) attain a sound knowledge of manicuring the skin surrounding the nail and preparing a nail for enhancements
b) Compile a comprehensive list of various types of files and buffers and be proficient in choosing the right tools for such application, while also providing detailed descriptions of their functions and usage.
c) be conversant about different nail types and what product is most appropriate for different clients
d) acquire the knowledge of correct removal of the artificial product
e) Define and describe the components of soak-off gel polish products, including base gels, color gels and top gels.
f) Recall and recite the step-by-step procedures for properly preparing the natural nails for soak-off gel polish application.
g) Describe the chemical process involved in gel polish curing, explaining how it ensures a durable and long-lasting finish on the nails.
h) Gain the required knowledge of different types of nail plates and different types of products
i) Remove the product from the nail in the safest way
j) Identify and label common issues that may arise during gel polish application, along with providing solutions or troubleshooting techniques.
k) Recite and explain recommended aftercare and maintenance practices for gel-polished nails, ensuring their longevity and maintaining client satisfaction.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply their knowledge of gel polish application techniques to plan, design, and create customised looks that best suit the preferences and style of individual clients.
b) Use specialised tools, such as UV and LED lamps, brushes and applicators, in the context of gel polish application
c) Advise the client of correct homecare for her type of nails
d) Create a French finish using natural skin tones and white gel polish at an aesthetically pleasing ratio of pink and white.
e) Determine what tools should be used and in what ways.
f) Practice and demonstrate their ability to apply soak off gel polish with precision and skill, ensuring a flawless and long-lasting finish.
g) Prepare and recommend gel polish colours based on client preferences.
h) Design and assemble a functional station for gel polish application, ensuring the organised placement and accessibility of tools and products for providing professionals ervices.

MODULE NET003 – 2 ECTS

Health and Safety of the Nail Station

Module description

This module is designed to equip learners with essential knowledge and skills related to maintaining a safe and healthy work environment in a nail station setting. It covers a range of topics including hygiene practices, sanitation procedures, ergonomic considerations, and hazard identification and mitigation. Participants will gain a comprehensive understanding of industry-specific health and safety regulations, enabling them to confidently execute nail care procedures while prioritizing the well-being of both clients and technicians. Through a combination of theoretical knowledge and practical applications, this module empowers learners to create a secure and conducive working environment within a nail station.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	0
SELF STUDY HOURS	39
ASSESSMENT HOURS	1

ASSESSMENT

Written Assessment (Theory) (100%)

Core Reading List

1. Summers, A. (2018). *Health and Safety in the Salon: A Guide for Hair and Beauty Professionals.* Cengage Learning.

MODULE NET003 – 2 ECTS

Health and Safety of the Nail Station

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Carry out tasks related to health and safety in a nail station environment exhibiting a high level of responsibility for ensuring the well-being of both clients and technicians.
b) Collaborate with colleagues and clients while adhering to industry-specific health and safety standards. They will effectively advise and guide others on best practices, ensuring a safe working environment.
c) Manage compliance within the workplace, authorising and supervising tasks as neccessary.
d) Create and produce protocols that safeguard the health and well-being of all individuals involved.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and articulate essential terms and concepts related to health and safety practices within a nail station environment.
b) Recall regulations and standards governing health and safety in a nail station.
c) Recognise and identify various potential hazards that may arise within the context of a nail station.
d) List and describe proper disinfection procedures for nail care tools.
e) Recall and recite established emergency response protocols specific to incidents that may occur within a nail station setting.
f) Articulate the chronological steps involved in executing safe and hygienic nail care procedures within a nail station.
g) Name and identify common skin and nail conditions that may be encountered in a nail station, demonstrating a foundational understanding of dermatological concerns.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply industry-standard sanitation and hygiene protocols in the operation of a nail station, ensuring a clean and safe environment for both clients and technicians.
b) Design and plan nail station layouts that prioritise ergonomic considerations, optimising workspace efficiency while minimising the risk of musculoskeletal issues for technicians.
c) Practice the correct selection and use of personal protective equipment, ensuring the safety and well-being of all individuals within the nail station.
d) Demonstrate proficiency in assembling, maintaining, and using various nail care tools and equipment, ensuring their safe and effective operation.
e) Implement effective mitigation strategies to minimize risks in the nail station environment.
f) Arrange client appointments in a manner that allows for adequate time to carry out nail care procedures while adhering to health and safety protocols, ensuring a smooth and secure operation.
g) Show proficiency in first aid techniques and emergency response procedures specific to situations that may arise in a nail station setting.
h) Operate and maintain ventilation and air filtration systems to ensure proper air quality and circulation, creating a healthy and comfortable atmosphere in the nail station.

MODULE NET004 – 1 ECTS

Brush Care and Product Handling for Nail Technicians

Module description

This module equips learners with a comprehensive understanding of the various types of brushes used in nail art and nail extension applications. Participants will learn how to identify different brush materials, shapes, and sizes, and gain proficiency in selecting the appropriate brush for specific nail techniques.

Moreover, the module emphasises the importance of proper cleaning, sanitization, and storage of brushes to ensure their longevity and maintain their quality for optimal performance. Learners will be trained in industry-standard techniques for brush care, including the removal of residue and the prevention of product build-up.

In addition, the module covers the responsible and efficient handling of nail products, including gels, acrylics, and polishes. Participants will learn best practices for product dispensing, measuring, and application, with a focus on adequate disposal of chemical waste and ensuring client satisfaction.

Through a combination of theoretical instruction, practical demonstrations, and hands-on exercises, participants will emerge from this module with the skills necessary to provide high-quality nail services, with particular attention to the care of essential tools and products. This module is a vital component in the education and professional development of nail technicians, ensuring they excel in their craft while maintaining high standards of hygiene, safety in product handling and product integrity.

TOTAL LEARNING HOURS	25
CONTACT HOURS	5
SUPERVISED PLACEMENT/PRACTICE HOURS	0
SELF STUDY HOURS	19
ASSESSMENT HOURS	1

ASSESSMENT

Written Test (80%)
Final Portfolio Submission (20%)

Core Reading List

1. Schoon, D. (2017). Nail Structure and Product Chemistry. Milady Publishing. ISBN: 978-0997918602.
2. Thompson, S. (2019). Nail Technician's Guide to Brushes: Selection, Care, and Usage. CreateSpace Independent Publishing Platform. ISBN: 978-1696384792.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Be responsible for implementing industry-standard practices to clean, sanitise, and store brushes, ensuring their longevity and maintaining their quality for optimal performance.
b) Monitor the proper handling and application of nail products, including gels, acrylics, and polishes, to ensure client satisfaction and adequate disposal of chemical waste.
c) Collaborate with clients to provide informed recommendations on suitable nail products, considering individual preferences and specific nail art or extension techniques.
Manage and maintain an organised inventory of nail products, exemplifying professionalism in product handling, dispensing, and usage.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and provide detailed descriptions of different types of nail brushes, including their materials, shapes, and sizes, facilitating appropriate selection for specific nail techniques.
b) Demonstrate the ability to accurately identify and list various materials used in nail brushes, along with their respective properties and suitability for specific applications.
c) Recall and articulate the industry-standard procedures for cleaning and sanitising nail brushes, ensuring hygiene, safety in product handling and product integrity.
d) Provide detailed descriptions of best practices in product handling, including dispensing, measuring, and application of nail products like gels, acrylics, and polishes.
e) List of essential products and tools necessary for various nail techniques, emphasising the importance of preparedness and organisation in a professional nail service setting.
f) Identify and provide descriptions of common ingredients and formulations found in nail products, allowing them to make informed decisions regarding product selection and usage.

Skills

At the end of the module/unit the learner will have acquired the following skills:

i) Demonstrate industry-standard techniques for cleaning and sanitising nail brushes, ensuring their hygienic and safe usage in nail services.
j) Design and assemble a functional nail service station, ensuring the organised placement and accessibility of nail products and tools for efficient service delivery.
k) Demonstrate the effective and precise operation of various nail products, including gels, acrylics, and polishes, ensuring accurate application and minimising waste.
l) Apply their knowledge of nail products to create customised nail designs, demonstrating skilful composition and arrangement in nail art applications.
m) Practice and demonstrate the construction and application of nail enhancements and extensions, showcasing proficiency in product handling and precise execution.
n) Apply specialised nail treatments, such as cuticle oils or strengthening serums, with careful consideration of product selection and application techniques for enhanced nail health.

MODULE NET005 – 2 ECTS

Gel Nail Enhancements

Module description

This module will allow learners to embark on a hands-on journey into the world of gel nail application. Through a series of practical workshops and demonstrations, learners will acquire the skills needed to prepare, apply, shape, and finish gel nails. Emphasis will be placed on achieving natural-looking and aesthetically pleasing results.

Moreover, the module delves into the importance of nail health and safety, highlighting proper sanitation practices and client consultation techniques. Learners will gain an understanding of how to ensure the well-being and satisfaction of clients during the gel nail enhancement process.

By the conclusion of this module, participants will have developed the proficiency to offer professional and customized gel nail enhancement services. This module serves as a vital foundation for aspiring nail technicians and professionals seeking expertise in gel nail artistry and aesthetics.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	32
ASSESSMENT HOURS	3

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Written exam (30%)

Core Reading List

1. Milady. (2014). *Milady Standard Nail Technology.* ISBN: 978-1285080475.
2. Newman, M. (2017). *The Complete Nail Technician.* ISBN: 978-1473722352.
3. Schoon, D. (2015). *Nail Structure and Product Chemistry.* ISBN: 978-0997918602.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Be responsible for managing and authorising the application of gel nail enhancements, overseeing the process to achieve desired shapes, lengths, and finishes.
b) Guide clients on proper aftercare practices for gel-enhanced nails, ensuring their longevity and maintaining client satisfaction.
c) Ensure compliance with gel nail application standards and best practices in the preparation, application, and finishing of gel nail enhancements, ensuring precise and professional results.
d) Collaborate on the selection of gel nail shapes, lengths, colours, and designs that best align with their preferences and style.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Describe the science behind gel nail polymerisation and curing, explaining how gel enhancements solidify and harden on the nail.
b) Identify and label common tools and equipment used in gel nail enhancement, including brushes, UV or LED lamps, and forms.
c) Define and describe key components of gel nail enhancements products including gel types, base coats, colour gels and top coats.
d) Recall and recite proper procedures for preparing the natural nail for gel application and applying gel enhancements.
e) List various gel nail shapes and lengths, providing detailed descriptions of their characteristics and popular styles.
f) acquire the knowledge of correct removal of the artificial product
g) be acquainted with different brands and products available on the market
h) Recite and explain recommended aftercare and maintenance practices for gel-enhanced nails, ensuring their longevity and maintaining client satisfaction.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply advanced shaping and sculpting techniques with precision, achieving desired nail shapes and lengths.
b) Demonstrate the effective and precise use of specialised tools, such as UV or LED lamps, gel brushes, and nail forms, in the context of gel nail enhancement.
c) Develop personalised nail designs for clients, taking into account their specific style preferences, nail shapes, and desired outcomes.
d) Provide expert advice on proper aftercare practices for gel-enhanced nails, ensuring their longevity and maintaining client satisfaction.
e) Repair a damaged gel nail broken by accident by the client (this can vary from a broken corner to a completely missing free edge of the enhancement)
f) Learn how to remove product correctly
g) Design and assemble a functional station for gel nail enhancement services, ensuring the organised placement and accessibility of tools and products.
h) Create custom gel nail enhancements, incorporating various design elements, colours, and styles to achieve unique and personalised looks.

MODULE NET006 – 2 ECTS

Acrylic Nail Enhancement

Module description

Participants will embark on a hands-on journey into the world of acrylic nail application. Through practical workshops and demonstrations, learners will acquire the skills needed to prepare, apply, shape, and finish acrylic nails. Emphasis will be placed on achieving natural-looking and aesthetically pleasing results.

Moreover, the module delves into the importance of nail health and safety, highlighting proper sanitation practices and client consultation techniques. Learners will gain an understanding of how to ensure the well-being and satisfaction of clients during the acrylic nail enhancement process.

By the conclusion of this module, participants will have developed the proficiency to offer professional and customized acrylic nail enhancement services. This module serves as a vital foundation for aspiring nail technicians and professionals seeking expertise in acrylic nail artistry and aesthetics.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	32
ASSESSMENT HOURS	3

ASSESSMENT

Practical Assessment (Hands-On) (70%):
Portfolio or Visual Documentation (10%):
Portfolio or Visual Documentation (10%):

Core Reading List

1. Johnson, M. (2012). *Acrylic Nails - How to Apply and Remove.* CreateSpace Independent Publishing Platform. ISBN: 978-1479344106.
2. Schoon, D. (2015). Nail Structure and Product Chemistry. Milady Publishing. ISBN: 978-0997918602.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure compliance with acrylic nail enhancement safety standards and protocols during the entire process of acrylic nail enhancement.
b) Manage the application of acrylic nail enhancements, demonstrating proficiency in overseeing the process for a satisfactory outcome.
c) Advise and provide guidance on proper aftercare practices and advise correct use of acrylic nails
d) Collaborate with clients to create customised acrylic nail designs that best align with their preference and style, ensuring a personalised and satisfactory experience.
e) Apply the knowledge of acrylic enhancements to repair nail damages.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and describe the essential components used in acrylic nail enhancement, including acrylic powders, monomers, and various application tools.
b) Recall and recite the process for properly preparing the natural nail bed for acrylic application.
c) List and identify different types of acrylic nail tips and forms, providing detailed descriptions of their features and application methods.
d) Identify and label common tools and equipment used in acrylic nail enhancements, including brushes, dappen dishes, and nail files.
e) be conversant about different nail types and what lengths and shapes are most appropriate for different clients.
f) Recite proper aftercare and maintenance guidelines for acrylic nail enhancements, to ensure longevity and durability.
g) Describe the science behind acrylic polymerisation and curing, explaining how acrylic enhancements solidify and harden on the nail.
h) be acquainted with different brands and products available on the market

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply acrylic nail enhancement techniques to create various nail shapes and styles, demonstrating proficiency in product application and blending for a seamless finish.
b) Practice proper nail preparation procedures, including cuticle care and surface sanitization, ensuring a clean and healthy environment for acrylic application.
c) Demonstrate the skill to design and construct custom acrylic nail extensions that meet client preferences and industry standards for length, shape, and thickness.
d) Show competence in operating and maintaining acrylic nail enhancement tools and equipment, ensuring their safe and effective use in the nail technician workspace.
e) Assemble a comprehensive portfolio showcasing a diverse range of acrylic nail enhancements, highlighting creativity, precision, and adherence to industry best practices.
f) Prepare and arrange a workstation for acrylic nail enhancement services, following established health and safety protocols to
g) Demonstrate the skill of mixing the acrylic monomer and polymer at the correct ratios
h) Analyse a problem nail (infection) and advise proper care or refer to specialized persons
i) Determine when one should not apply product after accident of a damaged nail (damaged nail meaning infection or severe trauma of the nail caused by breakage)
j) Demonstrate the skill of repairing a damaged or broken acrylic nail
k) Show competence in the safe removal of the product without damaging the natural nail.

MODULE NET007 – 2 ECTS

Acrylic & Gel Infills

Module description

This module allows participants will delve into the intricacies of nail enhancement maintenance, gaining proficiency in the process of infilling. Through a series of hands-on workshops and demonstrations, learners will learn to accurately assess nail growth, remove excess product, and seamlessly blend new product with the existing enhancement.

Moreover, the module places emphasis on the importance of nail health and hygiene. Learners will acquire knowledge on proper sanitation practices, product compatibility, and troubleshooting common issues associated with infilling.

By the conclusion of this module, participants will possess the expertise to offer professional infilling services, ensuring the longevity and quality of gel or acrylic nail enhancements. This module serves as a crucial foundation for aspiring nail technicians and professionals seeking proficiency in nail enhancement maintenance techniques.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	32
ASSESSMENT HOURS	3

ASSESSMENT

Practical Assessment (Hands-On) (70%):
Portfolio or Visual Documentation (30%):

Core Reading List

1. Milady. (2014). *Milady Standard Nail Technology.* Cengage Learning. ISBN: 978-1285080475.
2. Newman, M. (2017). *The Complete Nail Technician.* Cengage Learning. ISBN: 978-1473722352.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure compliance with nail enhancement maintenance standards and best practices in the process of gel or acrlyic infills, ensuring precise and professional results.
b) Be responsible for managing and authorising the application of gel and acrylic infills, overseeing the process to achieve a seamless blend with existing enhancements.
c) Engage with clients to provide expert advice and recommendations on suitable infilling options that maintain the integrity and aesthetics of their nail enhancements.
d) Guide on proper aftercare practices for maintained nail enhancements, ensuring their longevity and maintaining client satisfaction.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and describe the process of gel or acyrlic infilling, including assessing nail growth, product removal and blending.
b) Recall and recite proper procedures for accurately assessing nail growth and safely removing excess product during the infilling process.
c) List of various tools and products used in gel or acrylic infills, providing detailed descriptions of their functions and usage.
d) Recall the crucial role that sanitation and hygiene play in ensuring the safety and well-being of clients during the infilling process.
e) Identify and label common issues that may arise during gel or acrylic infilling, along with providing solutions or troubleshooting techniques.
f) Recite and explain recommended aftercare and maintenance practices for enhanced nails following the infilling process, ensuring their longevity and maintaining client satisfaction.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply advanced infilling techniques with precision, ensuring a seamless blend between existing nail enhancements and new product.
b) Develop personalised infilling plans for clients, considering their specific nail growth patterns, style preferences, and desired outcomes.
c) Demonstrate the effective and precise use of specialized tools, such as e-files, cuticle pushers, and buffers, in the context of gel or acrylic infilling.
d) Design and assemble a functional station for gel or acrylic infilling, ensuring the organized placement and accessibility of tools and products for providing professional services.
e) Create seamless transitions between existing nail enhancements and newly applied product, achieving a natural and aesthetically pleasing result.
f) Provide expert advice on proper aftercare practices for enhanced nails after infilling, ensuring their longevity and maintaining client satisfaction.

MODULE NET008 – 2 ECTS

Spa Manicure Services

Module description

This module equips learners with the necessary knowledge and practical skills to provide high-quality manicure services in a salon or spa setting. Participants will delve into the art and science of nail care, including nail shaping, cuticle maintenance, and proper polish application.

They will also gain proficiency in specialised treatments like exfoliation, hand massage, and the application of nail art. Emphasis will be placed on client consultation and customisation of services to meet individual needs and preferences. Furthermore, this module integrates essential elements of hygiene, sanitation, and health and safety practices within the context of manicure services. Learners will develop a strong foundation in maintaining a clean and sterile work environment, ensuring the well-being of both clients and technicians.

Through a combination of theoretical instruction, hands-on practice, and simulated scenarios, participants will emerge from this module with the confidence and expertise to offer professional manicure services that exceed industry standards. This module is an essential step for individuals aspiring to excel in the field of nail care and aesthetics.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	34
ASSESSMENT HOURS	1

ASSESSMENT

Practical Assessment (Hands-On) (70%):
Portfolio or Visual Documentation (30%):

Core Reading List

1. Douglas, A. (2015). *Professional Beauty Therapy: The Official Guide to Level 3.* Cengage Learning.
2. Milady. (2019). *Milady Standard Nail Technology.* Cengage Learning.
3. Robson, C. (2017). "The Art of Nails." *International Journal of Cosmetology & Trichology, 3*(3).

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Carry out tasks related to their role, ensuring efficient and effective completion of assigned responsibilities.
b) Collaborate with colleagues, representing the organisation in a professional manner, while ensuring adherence to established protocols.
c) Ensuring compliance with industry standards, regulations, and organisational policies.
d) Contribute to the achievement of organisational objectives and fostering a culture of innovation and growth.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Identify and provide accurate descriptions of common nail conditions, including infections, disorders, and irregularities, enabling them to make informed recommendations for appropriate treatments.
b) Label and describe the essential tools and products used in manicure services, demonstrating a comprehensive understanding of their functions and applications.
c) Demonstrate the ability to correctly sequence the steps involved in a professional manicure procedure, ensuring a systematic and efficient service delivery.
d) Describe and explain the importance of proper sanitation and sterilisation techniques in a manicure service setting, ensuring a safe and hygienic environment for both clients and technicians.
e) Recite and articulate safety measures and best practices for nail care procedures, including cuticle maintenance, nail shaping, and polish application, ensuring client comfort and well-being.
f) Create and adapt nail designs based on client preferences and requests, demonstrating creativity and skill in nail art application.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply various manicure techniques, including nail shaping, cuticle maintenance, and polish application, to enhance the health and aesthetic appearance of nails.
b) Demonstrate the safe and effective operation of manicure tools and equipment, ensuring client safety and satisfaction throughout the service.
c) Construct and organise a manicure station in a manner that optimises workflow and promotes a comfortable environment for both clients and technicians.
d) Apply specialised nail treatments, such as exfoliation and hand massage techniques, to provide clients with an enhanced and rejuvenating manicure experience.
e) Create and arrange customised nail service packages, considering individual client preferences and requirements, to offer a range of options tailored to diverse customer needs.

MODULE NET009 – 2 ECTS

Spa Pedicure Services

Module description

This module equips learners with the necessary knowledge and practical skills to provide high-quality pedicure services in a salon or spa setting. Participants will delve into the art and science of foot care, including callus removal, nail trimming, and application of specialized treatments. Emphasis will be placed on client consultation and customization of services to meet individual needs and preferences. Furthermore, this module integrates essential elements of hygiene, sanitation, and health and safety practices within the context of pedicure services. Through a combination of theoretical instruction, hands-on practice, and simulated scenarios, participants will emerge from this module with the confidence and expertise to offer professional pedicure services that exceed industry standards. This module is an essential step for individuals aspiring to excel in the field of foot care and aesthetics.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	33
ASSESSMENT HOURS	2

ASSESSMENT

Practical Assessment (Hands-On) (70%):
Portfolio or Visual Documentation (30%):

Core Reading List

4. Douglas, A. (2015). *Professional Beauty Therapy: The Official Guide to Level 3.* Cengage Learning.
5. Milady. (2019). *Milady Standard Nail Technology.* Cengage Learning.
6. Robson, C. (2017). "The Art of Nails." *International Journal of Cosmetology & Trichology, 3*(3).

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Comply with industry-specific standards, regulations, and best practices to maintain a safe and legally compliant nail station environment.
b) Be responsible for authorising and supervising nail care procedures, ensuring they are carried out proficiently and in a manner that meets or exceeds client expectations.
c) Negotiate with clients to understand their specific preferences and needs, providing personalised advice and recommendations for nail care treatments and services.
Manage all aspects of the nail station operation, from service provision to customer interactions, resulting in a positive and memorable experience.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Describe the anatomical structures comprising the nail, including the nail plate, nail bed, cuticle, and surrounding tissues.
b) Recognise and label various common nail disorders and conditions, such as fungal infections, ingrown nails, and psoriasis.
c) Explain the sequential steps required for maintaining proper sanitation and sterilization in a nail station setting.
d) Define and list various types of nail care products, including base coats, top coats, cuticle oils, and treatments, along with their specific functions.
e) Recognise the safety measures required when shaping toe nails as opposed to finger nails
f) Discuss high risk clients such as diabetics and pregnancy, and related precautions that should be taken when performing a pedicure on these clients.
g) Applying nail enhancements that are appropriate for toe nails and how to adapt for working on toes as opposed to fingers and discuss the advantages and disadvantages of using certain media on toe nails.

Skills

At the end of the module/unit the learner will have acquired the following skills:

~~a)~~ on the best nail enhancement (or none at all) for different types of clients and at different times of the year (eg. Not appropriate to have gel polish in winter time when feet are not exposed).
b) Construct and organise a pedicure station in a manner that optimises workflow and promotes a comfortable environment for both clients and technicians.
c) Demonstrate the safe and effective operation of specialised nail care tools and equipment, ensuring client safety and satisfaction throughout the service.
d) Provide advanced nail treatments, such as nail extensions, sculpting, tailored to address specific client preferences and needs.
e) Create and execute customised nail service packages, considering individual client preferences and requirements, to offer a range of options tailored to diverse customer needs.
f) Construct and apply nail extensions and artificial nails, ensuring a natural and aesthetically pleasing appearance.

MODULE NET0010 – 2 ECTS

Russian Manicure

Module description

This module delves into the intricate art of Russian manicure, a specialised approach renowned for its meticulous cuticle and nail plate care. Participants will receive comprehensive instruction on the use of specialised tools and equipment, enabling them to perform safe and precise cuticle work, gentle eponychium treatment, and flawless nail shaping. Emphasis is placed on achieving optimal nail health and aesthetics, setting a new standard in professional nail care services.

Furthermore, the module covers the integration of Russian manicure techniques within existing salon or spa offerings. Participants will learn how to effectively market and incorporate Russian manicure services into their portfolio, elevating their expertise and client satisfaction.

Through a combination of theoretical study, practical application, and hands-on demonstrations, participants will acquire the expertise needed to excel in the field of precision nail care. This module is designed for dedicated nail technicians seeking to offer an elevated level of service and quality within the nail care industry.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	33
ASSESSMENT HOURS	2

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Alexandr, A. (2019). *Russian Manicure: Nail E-File Step-by-Step Guide.* Independently published. ISBN: 978-1701099303.
2. Davis, R. (2019). *Russian Manicure Nail E-File: Step-by-Step Guide.* Independently published. ISBN: 978-1079354993.
3. Thompson, S. (2018). *The Art of Russian Manicure: A Step-by-Step Guide.* CreateSpace Independent Publishing Platform. ISBN: 978-1721191076.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Exhibit advanced proficiency in Russian manicure techniques by using various e-file drill bits accordingly, including precise cuticle work, eponychium treatment, and nail shaping, ensuring optimal nail health and aesthetics.
b) Be responsible for managing and authorizing the execution of specialized Russian manicure procedures, ensuring they are carried out proficiently, safely and in compliance with industry standards.
c) Collaborate with clients to advise on personalised nail care regimens, tailoring recommendations to individual preferences and addressing specific nail health concerns.
d) Market and represent Russian manicure services, positioning themselves as experts in precision nail care and enhancing client satisfaction.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

h) Define and provide descriptions of the specialized e-file drill bits used in Russian manicure, including their functions and applications.
i) Identify and label various components of nail anatomy, such as the nail plate, nail bed, cuticle, and eponychium.
j) Recall and articulate the specific techniques required to properly sterilize the tools used in Russian manicure, ensuring a hygienic and safe environment.
k) List of common nail conditions that can be effectively addressed using Russian manicure techniques, demonstrating an understanding of its therapeutic applications.
l) Sequence the steps involved in performing a Russian manicure, emphasizing the meticulous approach to cuticle and nail plate care.
m) Explain the benefits and advantages of Russian manicure compared to traditional manicure techniques, showcasing a deeper understanding of its specialized application.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Showcase advanced proficiency in executing Russian manicure techniques, including precise cuticle work, gentle eponychium treatment, and meticulous nail shaping.
b) Develop personalised nail care regimens for clients, incorporating Russian manicure techniques to address specific nail health concerns and preferences.
c) Construct and organise a dedicated nail care station for Russian manicure, ensuring the availability and accessibility of specialised tools and equipment.
d) Demonstrate the safe and effective operation of specialised Russian manicure tools, prioritising client safety and comfort throughout the procedure.
e) Apply Russian manicure techniques to create unique and aesthetically pleasing nail designs and treatments, showcasing creativity and precision in nail art.
Organise and promote Russian manicure services within a salon or spa setting, effectively marketing their expertise in precision nail care to attract and retain clients.

MODULE NET0011 – 2 ECTS

Common Nail Pathologies

Module description

Participants in this module will delve into the study of common nail pathologies, ranging from infections to structural irregularities. Through a combination of theoretical study and practical demonstrations, learners will gain proficiency in recognising, identifying, and understanding the underlying causes of these conditions.

The module emphasizes the importance of early identification and appropriate recommendations for clients with nail pathologies. Learners will be equipped with the knowledge to distinguish between various nail disorders, enabling them to provide accurate advice and, when necessary, refer clients to appropriate healthcare professionals.

Furthermore, the module covers best practices for maintaining a hygienic and safe work environment when dealing with clients who have nail pathologies. This includes proper sanitation and disinfection procedures to prevent cross-contamination.

Overall, the module is an essential component of the education and training of nail technicians. It equips them with the knowledge and skills needed to ensure the well-being of their clients and provide professional and responsible nail care services.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	0
SELF STUDY HOURS	39
ASSESSMENT HOURS	1

ASSESSMENT

Written exam (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Haneke, E. (2015). *Nail Disorders: A Comprehensive Approach.* Springer. ISBN: 978-3319177766.
2. Scher, R. K., & Daniel III, C. R. (2012). *Nails: Diagnosis, Therapy, Surgery.* Elsevier. ISBN: 978-0323077672.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure safe and hygienc practices when dealing with clients with nail pathologies.
b) Collaborate with healthcare professionals to advise and refer clients with complex nail disoders.
c) Manage and supervise nail care procedures for clients with pathological conditions.
d) Create customised nail care plans for clients with specific pathologucal conditions, tailoring their approach to address individual needs and concerns.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and describe common nail disorders and pathologies, including their causes, symptoms, and potential treatments.
b) Identify and label various nail disorders and conditions, enabling them to make informed recommendations for appropriate treatments.
c) Recall and articulate the underlying causes and risk factors associated with various nail pathologies, facilitating a deeper understanding of their origins.
d) List treatments for specific nail disorders, emphasizing evidence-based approaches and best practices.
e) Recite and explain the proper consultation and referral procedures for clients with nail pathologies, ensuring responsible and ethical practice.
f) Sequence steps for conducting a nail assessment and identifying pathological conditions.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Practice and demonstrate their ability to conduct comprehensive nail assessments, effectively identifying pathological conditions and differentiating them from normal nail health.
b) Create personalised nail care regimens or adequate referral to physicians for clients with specific pathological conditions, incorporating appropriate treatments and techniques to address individual needs.
c) Demonstrate the effective and precise operation of specialised tools and equipment used in the assessment and treatment of nail pathologies.
d) Design and assemble a functional nail care station, ensuring the organised placement and accessibility of tools and products for providing professional and responsible nail care services.
e) Advise on specialised over the counter nail treatments, such as medicated anti fungal treatments or astringent solutions to promote improved nail health in clients with specific pathologies.
f) Create educational materials or presentations on common nail pathologies to inform and empower clients, enabling them to better understand and manage their nail health.

MODULE NET0012 – 2 ECTS

Nail Shapes and Structures

Module description

This module allows learners to embark on a detailed exploration of the anatomy and composition of nails, including the nail plate, nail bed, cuticle, and surrounding tissues. Through interactive lectures, practical demonstrations, and hands-on workshops, learners will develop the expertise to accurately identify and assess different nail shapes and structures.

Furthermore, the module delves into the aesthetics and practicalities of nail shaping. Participants will gain proficiency in shaping techniques that cater to individual preferences and hand structures. This includes classic shapes like oval, square, and almond, as well as contemporary and creative designs.

By the conclusion of this module, participants will be well-equipped to offer tailored nail shaping services to clients, ensuring both aesthetic appeal and functional comfort. This module serves as a crucial foundation for aspiring nail technicians and professionals seeking to excel in the art and science of nail aesthetics.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	33
ASSESSMENT HOURS	2

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Haneke, E. (2015). "Anatomy and Physiology of the Nail." *Dermatologic Clinics, 33*(2), 141-147.
2. Rich, P. & Kresken, J. (2013). The Nail and its Disorders. *Dematologic Therapy.* 26(4), 267-275.
3. Scher, R. & Daniel, C. (2012). *Nails: Diagnosis, Therapy, Surgery*. Elsevier Health Sciences.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure compliance with nail shaping standards and best practices in the selection and application of nail shapes, ensuring precision and client satisfaction.
b) Be responsible for authorising and supervising the application of various nail shaping techniques, guiding and monitoring the process to achieve precise and aesthetically pleasing results.
c) Represent individual artistic styles in nail shaping.
   Collaborate with cleints to provide expert advice and recommendations on nail shapes that complement their hand structure and preferences.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Identify and label key components of nail anatomy, including nail plate, nail bed, cuticle and surrounding tissues,
b) Recall and recite a variety of nail shaping techniques, tailored to different nail types and clients preferences.
c) Describe the aesthetic and functional aspects of different nail shapes, emphasising both the aesthetic appeal and functional comfort they offer.
d) List common nail disorders that may impact nail shapes, along with detailed explanations of their characteristics and potential effects.
e) Recall industry-specific standards and guidelines when selecting and recommending nail shapes for clients.
f) Describe the relationship between nail shape and hand structure and how different nail shapes complement or enhance different hand structures, demonstrating an understanding of the interplay between anatomy and aesthetics.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply their knowledge of nail shapes and structures to plan, design, and create customised nail shapes that best suit the preferences and hand structures of individual clients.
b) Practice and demonstrate their ability to apply various nail shaping techniques with precision and skill, ensuring a balanced and aesthetically pleasing result.
c) Demonstrate the effective and precise use of specialised tools, such as nail files, buffers, and clippers, in the context of nail shaping.
d) Apply their knowledge to prepare and recommend suitable nail shapes that complement the client's hand structure and align with their style preferences.
e) Create and present a range of nail shape designs to clients, allowing them to choose a style that best suits their preferences, showcasing creativity and client-centered service.

MODULE NET0013 – 2 ECTS

Troubleshooting Nails

Module description

This module allows learners to delve into the complexities of nail troubleshooting, gaining proficiency in recognising issues such as lifting, chipping, or nail damage. Through a series of hands-on workshops and demonstrations, learners will learn to diagnose the underlying causes and implement effective solutions to rectify these problems. Additionally, this module will allow space for nail techs to bring up and discuss any issues they would be facing when applying any nail enhancements.

Moreover, the module emphasises the importance of effective communication with clients. Learners will acquire skills in advising clients on proper nail care practices and recommending suitable products or treatments to maintain healthy and aesthetically pleasing nails.

By the conclusion of this module, participants will possess the expertise to offer professional troubleshooting services, ensuring the satisfaction and confidence of their clients. This module serves as a critical foundation for aspiring nail technicians and professionals seeking proficiency in addressing and resolving nail-related challenges.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	34
ASSESSMENT HOURS	1

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Rigopoulos, D., Larios, G., & Gregoriou, S. (2014). *Nail Disorders: A Practical Guide to Diagnosis and Management.* Springer. ISBN: 978-3642539838.
2. Scher, R. K., & Daniel III, C. R. (2012). *Nails: Diagnosis, Therapy, Surgery.* Elsevier. ISBN: 978-0323077672.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Be responsible for identifying and analysing nail issues, such as lifting, chipping, or damage, to determine the appropriate course of action.
b) Collaborate with clients to gather information about their specific nail concerns and collaborate in developing tailored solutions to address those concerns effectively.
c) Guide clients on proper nail care practices, including maintenance routines and product recommendations for healthy and aesthetically pleasing nails.
   Adhere to industry-specific standards and best practices in troubleshooting nails, ensuring precise and professional resolution of nail-related issues.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Describe and identify a range of common nail issues and disorders, such as lifting, fungal infections, and nail diseases.
b) Recall and recite the appropriate troubleshooting techniques and steps to rectify issues related to nail enhancements, ensuring a satisfactory outcome.
c) List essential products and tools used in troubleshooting nails, providing detailed descriptions of their functions and applications.
d) Define the critical role that sanitation and hygiene play in the troubleshooting process, ensuring the safety and well-being of clients.
e) Identify and label various components of nail anatomy, aiding in the diagnostic process of nail issues.
f) Recite and explain recommended aftercare and maintenance practices for clients with resolved nail issues, ensuring their continued nail health and satisfaction.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply a range of troubleshooting techniques to rectify common nail enhancement issues, demonstrating proficiency in achieving satisfactory results.
b) Develop personalized solutions tailored to address specific nail concerns, incorporating techniques such as repairs, rebalancing, and enhancement removal.
c) Demonstrate the effective and precise use of specialized tools, such as nail files, buffers, and repair materials, in the context of troubleshooting nails.
d) Design and assemble a functional station for troubleshooting nails, ensuring the organized placement and accessibility of tools and products for providing professional services.
e) Create seamless repairs and enhancements for damaged nails, achieving a natural and aesthetically pleasing result.
f) Provide expert advice on proper aftercare practices for clients whose nail issues have been successfully resolved, ensuring their continued nail health and satisfaction.

MODULE NET0014 – 2 ECTS

Extending Nails on Plastic Forms

Module description

This module focuses on imparting essential skills in extending nails using plastic forms. Through hands-on workshops and demonstrations, participants will master the art of securely applying plastic forms, ensuring precise and aesthetically pleasing nail extensions.

Learners will gain proficiency in selecting the appropriate forms and employing different extension techniques. From classic and natural extensions to more intricate and artistic designs, this module encourages creativity and allows for a diverse range of styles. By the end of this module, participants will be equipped to provide tailored and high-quality nail extension services to their clients, making them valuable assets in the thriving field of nail artistry and aesthetics.

This module is designed to instil confidence and expertise in nail technicians, enabling them to deliver exceptional nail extension services. With a strong emphasis on practical application, this module prepares learners to excel in providing precise and visually appealing nail extensions using plastic forms.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	34
ASSESSMENT HOURS	1

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Haneke, E. (2015). Anatomy and Physiology of the Nail. *Dematologic Clinics.* 33(2), 141-147.
2. Milady (2018). *Milady Standard Nail Technology.*

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure compliance with industry standards and regulations in nail exstension services, ensuring client safety and satisfaction.
b) Create and produce unique nail extensions for complex and intricate designs, ensuring precise execution and client contentment.
c) Collaborate with clients to provide advise and recommendations on suitable nail extension styles, negotiating and ensuring client satisfaction with the chosen design.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Describe the anatomy of the nail and surrounding tissues, including the nail plate, nail bed, and surrounding tissues, demonstrating a comprehensive understanding of the nail structure.
b) Identify and list different types of plastic forms for nail extensions, along with their specific features and applications.
c) Recall and recite proper procedures for applying plastic forms to extend nails, ensuring a strong and stable foundation for nail extensions.
d) List and describe various. Nail extension techniques, such as tips, sculpting, and overlays, while providing detailed descriptions of each technique's application process.
e) Recall proper aftercare and maintenance gudielines for extended nails, ensuring the longevity and durability of the nail extensions.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Practice and demonstrate their ability to accurately apply plastic forms to extend nails, ensuring a secure and stable foundation for the nail extension.
b) Apply their knowledge of different nail extension techniques and style to plan, design and create customised nail extensions that cater to individual client preferences.
c) Demonstrate the effective and precise operation of specialised tools and equipment used in the application and shaping of nail extension.
d) Design and assemble a functional nail extension station, ensuring the organised placement and accesibility of tools, products, and equipment for providing professional nail extension services.
e) Practice and demonstrate the precise application of nail extensions, ensuring uniformity in length, shape, and a stable structure for a visually appealing results and durability.
f) Create and present customised nail extension design for client approval, allowing them to choose a style that best suits their preferences, showcasing creativity and client-centred service.

MODULE NET0015 – 2 ECTS

Nail Arts Media, Styles and Techniques

Module description

This module immerses learners in a diverse array of nail art mediums, including water colour, gels, pigmented media, and various nail art tools and embellishments. Through hands-on workshops and demonstrations, participants develop the proficiency to create intricate and visually stunning nail designs.

In addition to mastering different media, this module introduces learners to a wide spectrum of nail art styles, ranging from classic and minimalist designs to avant-garde and three-dimensional creations. By honing their skills in techniques such as design placement within the nail field, freehand painting, stamping, and embellishing, participants acquire the ability to execute complex nail art with precision and finesse.

This module not only nurtures creativity but also equips learners with the knowledge of current trends and industry best practices. Graduates emerge with the capability to offer innovative and sought-after nail art services, making them valuable assets in the competitive field of nail artistry.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	34
ASSESSMENT HOURS	1

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Marks, P. (2015). *Nail Art Sourcebook: Over 500 Designs for Fingertip Fashions.* Chartwell Books. ISBN: 978-0785833056.
2. Murray, B. (2017). *How to Create Nail Art: Easy Designs for Beginners, Includes 12 DIY Nail Art Designs.* CreateSpace Independent Publishing Platform. ISBN: 978-1543092315.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Ensure compliance with specific standards and regulations in the creation and execution of nail art designes, ensuring quality and safety for all clients.
b) Guide and monitor the process to achieve precise and visually appealing results.
c) Create and produce unique nail art designs that represent one's creative vision and expertise.
d) Collaborate with clients to provide expert advice and recommendations on suitable nail art styles and designs, and negotiating and ensuring client satisfaction.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and describe detailed descriptions of different nail art mediums, including gels, acrylics, water color, pigments, and embellishments.
b) Identify and list various nail art styles, such as classic, minimalist, avant-garde, and three dimensional.
c) Recall various nail art techniques, including freehand painting, stamping, embellishing as well as planning out the design within the nail field.
d) Sequence steps involved in executing complex nail art designs, showcasing a systematic approach to achieving precise and artistic results.
e) List current nail trends and industry best practices.
f) Define and describe responsible nail art practices for client safety and satisfaction including hygiene, sanitation, and client consultation.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply knowledge of various nail art mediums, styles, and techniques to plan, design and create intricate and visiually appealing nail art designs that demonstrate precision and creativity.
b) Demonstrate the effective and precise operation of specialised nail art tools and equipment, ensuring accurate application and seamless execution of nail art designs.
c) Assemble a functional nail art station, ensuring the organised placement and accessibility of tools, products, and equipment for providing professional and creative nail art services.
d) Prepare and apply customised nail art designs based on client preferences.

MODULE NET0016 – 2 ECTS

Different Contemporary Media

Module description

Participants will delve into an in-depth exploration of contemporary media forms relevant to the polygel and press-on nail industry. This includes social media platforms, nail art blogs, video tutorials, and online nail art communities. Through practical workshops and hands-on exercises, learners will gain experience in creating compelling content tailored specifically for audiences interested in polygel and press-on nail techniques.

Furthermore, the module underscores the importance of evaluating and selecting appropriate media channels to effectively communicate the advantages and techniques associated with polygel and press-on nails. Participants will develop the skills to strategically utilize digital platforms for showcasing nail designs, providing tutorials, and engaging with a community of nail enthusiasts.

By the conclusion of this module, participants will be proficient in harnessing various contemporary media channels to promote and exhibit polygel and press-on nail techniques. This module serves as an essential foundation for aspiring nail technicians and professionals seeking to excel in the digital realm of polygel and press-on nail artistry.

TOTAL LEARNING HOURS	50
CONTACT HOURS	10
SUPERVISED PLACEMENT/PRACTICE HOURS	5
SELF STUDY HOURS	34
ASSESSMENT HOURS	1

ASSESSMENT

Practical Assessment (Hands-On) (70%)
Portfolio or Visual Documentation (30%)

Core Reading List

1. Davis, R. (2020). *Polygel Nail E-File: Step-by-Step Guide.* Independently published. ISBN: 979-8685356158.
2. Johnson, M. (2018). *Polygel Nail Techniques: How to Master the Art of Polygel Nails.* CreateSpace Independent Publishing Platform. ISBN: 978-1724073226.
3. Thompson, S. (2019). *Press-On Nails: A Step-by-Step Guide.* CreateSpace Independent Publishing Platform. ISBN: 978-1696384792.

Competences

At the end of the module/unit the learner will have acquired the responsibility and autonomy to:

a) Work collaboratively with team members, effectively communicating ideas, sharing responsibilities, and achieving common goals.
b) Ensure compliance with industry standards and regulations and best practices.
c) Manage and supervise tasks assigned to them, ensuring timely and accurate completion while maintaining quality standards.
d) Provide advice and recommendations based on their specialised knowledge, ensuring clients and colleagues receive accurate and valuable information.

Knowledge

At the end of the module/unit the learner will have been exposed to the following:

a) Define and provide detailed descriptions of the materials and components used in polygel and press-on nails, including their unique properties and benefits.
b) Identify and match appropriate application techniques for polygel and press-on nails based on client preferences and nail conditions.
c) List of essential tools and equipment used in the application of polygel and press-on nails, providing detailed descriptions of their functions and applications.
d) Recite and explain the correct procedures for maintaining and safely removing polygel and press-on nails, ensuring the health and integrity of natural nails.
e) Describe various nail shapes (e.g., square, stiletto, coffin) and match them to client preferences and hand anatomy for a personalized and flattering nail appearance.
f) Recall and sequence the steps for applying and customizing polygel and press-on nails, achieving professional and aesthetically pleasing results.

Skills

At the end of the module/unit the learner will have acquired the following skills:

a) Apply their knowledge to demonstrate proficiency in applying polygel and press-on nail techniques, producing high-quality and durable nail enhancements.
b) Utilise their understanding to plan and design personalized nail creations, incorporating polygel and press-on elements that align with client preferences.
c) Demonstrate effective and precise use of specialised tools, such as nail forms, curing lamps, and adhesive solutions, in the context of polygel and press-on nail applications.
d) Create seamless polygel and press-on nail enhancements, catering to different nail types and lengths, resulting in natural and aesthetically pleasing results.
e) Provide advice on proper aftercare practices for clients with polygel and press-on nails, ensuring their continued nail health and satisfaction.

The Programme Structure:						Contact hours	Supervised Placement and Practice hours	Self-Study hours	Assessment hours
Module/Unit Title	Compulsory (C) or Elective (E)	ECTS (Figures must be whole integers and with a value of at least 1 ECTS)	MQF Level of each module	Mode of Teaching (Lectures, workshop, placement, asynchronous, forums, VLE, etc.)	Mode of Assessment (Examination, assignment, project, blog, etc.)				
Anatomy of the Nails	Compulsory	1 ECTS	MQF 4	Lectures & Practical Sessions.	Multiple-Choice Question (100%)	5	0	19	1
Soak Off Gel Polish	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	34	1
Health and Safety on the Nail Station	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Written Assessment (100%)	10	0	39	1
Brush Care and Product Handling for Nail Technicians	Compulsory	1 ECTS	MQF 4	Lectures & Practical Sessions.	Written Assessment (80%) & Practical Assessment (20%)	5	0	19	1
Gel Nail Enhancements	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Written exam (30%) & Practical Assessment (70%)	10	5	32	3

Acrylic Nail Enhancements	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (10%) & Practical Assessment (70%) & Written exam (20%)	10	5	32	3
Gel or Acrylic Infills	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	32	3
Spa Manicure Services	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	34	1
Spa Pedicure Services	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	33	2
Russian Manicure	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	33	2
Common Nail Pathologies	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Written exam (70%)	10	0	39	1
Nail Shapes and Structure	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	33	2
Troubleshooting Nails	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	34	1

Extending Nails on Plastic Forms	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	34	1
Nail Arts Media, Styles and Techniques	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	34	1
Different Contemporary Media (Polygel, Press-Ons)	Compulsory	2 ECTS	MQF 4	Lectures & Practical Sessions.	Portfolio (30%) & Practical Assessment (70%)	10	5	34	1
Total ECTS Requesting Accreditation		30 ECTS				150	60	515	25
Total ECTS for Programme Completion		30 ECTS				Total 750 hours			

Exit Awards/Qualifications The student will be eligible for Award certificate if the course programme is not fully completed as long as the modules under each stage are completed and assessed (with a pass mark achieved). The Pre-Tertiary Certificate will be awarded after all sixteen modules are sucessfully achieved.	- Award in Essential Nail Technology (MQF 4, 12 ECTS) 1. Anatomy of the Nails 2. Soak Off Gel Nail Polish 3. Health and Safety on the Nail Station 4. Brush Care and Product Handling for Nail Technicians 5. Gel Nail Enhancements 6. Acrylic Nail Enhancements 7. Gel or Acrylic Infills - Award in Intermediate Nail Technology (Requires pass in Essential) (MQF 4, 6 ECTS) 1. Manicure Services 2. Pedicure Services 3. Russian Manicure - Award in Advanced Nail Technology (Requires pass in essential and pass in intermediate) (MQF 4, 12 ECTS) 1. Common Nail Pathologies 2. Troubleshooting Nails 3. Nails Shapes and Structure 4. Extending Nails on Plastic Forms 5. Nail Arts Media, Styles and Techniques 6. Different Contemporary Media (Polygel, Press-Ons) Stand Alone Awards (which require a pass in Award in Essential Nail Technology from LHA or a previous certification of beginner nail tech courses) 1. Award in Gel Nail Enhancements (MQF 4, 2 ECTS) 2. Award in Acrylic Nail Enhancements (MQF 4, 2 ECTS) 3. Award in Russian Manicure (MQF 4, 2 ECTS) 4. Award in Common Nail Pathologies (MQF 4, 2 ECTS) 5. Award in Troubleshooting Nails (MQF 4, 2 ECTS) 6. Award in Nail Shapes and Structure (MQF 4, 2 ECTS) 7. Award in Extending Nails on Plastic Forms (MQF 4, 2 ECTS) 8. Award in Different Contemporary Media (MQF 4, 2 ECTS)